

High School Breakfast
Breakfast Meal - \$2.10
Sandwich Meal - \$3.50
Reduced \$.30

All Breakfast Meals include Four Items

1. Bread 2. Protein 3. Fruit 4. Milk

You may take all four items, but must take at least three items to count as a Meal. You may take two breads or one bread and one protein and two fruit and one milk.

If you do not have a fruit or vegetable it is not a meal and you will be charged ala carte, which can cost more than the full meal price and be less nutritious!

One Entrée Bread and/or Protein

Bagel, Lg. Muffin, 2 Cereals, French Toast Sticks and Sausage
or
Sausage, Egg, Cheese Sandwich
(\$3.50 Meal)

Two Fruit

Assorted Fresh Fruit, Cupped Fruit, Hash Browns or 4oz Fruit Juice
(Only one juice may be taken with breakfast)

One Milk

8oz Assorted Milk